



SINGAPORE RED CROSS SOCIETY

Red Cross Training Centre

CHILD FIRST AID COURSE FOR INFANT / CHILD CARE PROVIDERS (ChFA) COURSE SYNOPSIS

COURSE OBJECTIVES

For those who are the Ministry of Community, Youth and Sports (**MCYS**) licensed child care personnel and child care givers who want to learn first aid skills and knowledge on infant and child. This course is designed to prepare trainees with the ability to render first aid and recognize several life threatening emergencies such as a respiratory arrest. More importantly this course aims to equip the trainees with the knowledge and skills in providing resuscitation to a collapsed infant/child, in a safe, timely and effective manner according to the standards and guidelines accredited by the National First Aid Council (NFAC), Singapore in collaboration with KK Women's and Children's Hospital (KKH) and supported by the Ministry of Community Development, Youth and Sports (MCYS).

At the end of the course, trainees will be able to:

- Prevent common injuries and illnesses in children.
- Activate the appropriate emergency response system
- Relieve foreign body airway obstruction (choking) for infant and child victims.
- Perform Cardiopulmonary Resuscitation (CPR) for infant and child victims.
- Perform other first aid skills like bandaging and dressing a wound.

COURSE TOPICS

- LESSON 1: PRINCIPLES AND PRACTICES OF FIRST AID
- LESSON 2 : THE RESPIRATORY SYSTEM IN A CHILD (Includes CHOKING)
- LESSON 3 : THE CIRCULATORY SYSTEM (Includes BANDAGING OF WOUNDS & CPR)
- LESSON 4 : THE NERVOUS SYSTEM (Includes CAUSES OF UNCONSCIOUSNESS)
- LESSON 5 : THE MUSCULOSKELETAL SYSTEM(Includes IMMOBILISATION OF FRACTURES)
- LESSON 6 : THE SKIN (Includes FIRST AID FOR BURNS & SCALDS)

ACCREDITATION

National First Aid Council (NFAC), Singapore

CERTIFICATION

Upon successful completion, trainees will be issued a Child First Aid course for Infant / Child Care Providers card-size certificate **valid for 3 years.**

ENTRY REQUIREMENTS

- Able to speak and read in English effectively.
- Medically fit to perform CPR (resuscitation) - have no underlying medical heart, lung conditions or any physical disabilities such as knee, spinal or joints injury history that prevents them from performing effective CPR (resuscitation).
- Pregnant ladies not allowed for safety precaution.

FUNDING

SDF (Skills Development Fund) Training Grant is \$119.62 per company sponsored trainee (eligibility criteria apply). AP (Absentee Payroll) approved.

COURSE VENUE

Red Cross Training Centre (RCTC), Level 3. 15 Penang Lane, Red Cross House, Singapore 238486.

COURSE FEE

- **S\$ 160.00** (inclusive of GST, training notes, 2 complimentary bandages & 3 face-shields)
- **Corporate class** can be arranged at a minimum charge of 14 trainees = \$2240.00. Maximum class size is 16. Email corporate request to training.admin@redcross.org.sg

COURSE DURATION

21 training hours and 3 assessment hours (3 Days x 8 hours from 9am to 6pm)

COURSE ASSESSMENT

- Theory Assessment (Multiple-Choice Questions, 70 % to pass).
- Practical Assessment based on Bandaging (Wounds & Fracture), Choking (Infant & Child) and CPR (Infant & Child).
- **Criteria:** 100% course attendance is required to sit for the assessment. Trainees must pass Theory to proceed to Practical. Trainees, who failed the theory assessment at their **1st attempt**, are allowed a **2nd attempt** on the same day. If they fail the **2nd attempt** theory assessment, they would need to re-take the assessment (Theory & Practical) on another day. The re-assessment fee is **\$20.00**. Trainees, who failed the assessment on the **3rd attempt**, will have to re-take the entire course. Trainees who failed in any practical assessment will have to re-take the entire assessment (Theory & Practical).



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CHILD FIRST AID COURSE FOR INFANT / CHILD CARE PROVIDERS COURSE DATES

To Apply for Our Public Classes, follow the below 3 steps

Step 1: Click [Learn First Aid](http://www.redcross.org.sg/articles/learn-first-aid) at <http://www.redcross.org.sg/articles/learn-first-aid>

Step 2: On Learn First Aid webpage, click on the [course titles](#) to view course dates and synopsis.

Step 3: On Learn First Aid webpage, read [Terms & Regulations](#) before completing [on-line](#) or [download application](#)

An email confirmation with payment details will be sent to you at least 2 weeks before the course commencement.

For further queries, feel free to contact us at 6664 0500, Training Centre. We look forward to receiving your course application.

Print Date: 25-Apr-2012

Month	Language	Time	Days	Course Dates
May	English	9am to 6pm	Mon to Wed	14, 15 & 16 May 2012
June	English	9am to 6pm	Mon to Wed	18, 19 & 20 Jun 2012
July	English	9am to 6pm	Mon to Wed	16, 17 & 18 Jul 2012
August	English	9am to 6pm	Wed to Fri	29, 30 & 31 Aug 2012

Schedule for Sep & Oct 2012 classes will be available [after 1 Jul 2012](#).