

## WSQ PERFORM WORKPLACE FIRST AID (WFA) COURSE SYNOPSIS

### COURSE OBJECTIVES

This competency-based training course is designed to prepare trainees, mainly in the security industry, with the ability to render first aid and recognize several life threatening emergencies such as a heart attack. More importantly this course aims to equip the trainees with the knowledge and skills in providing resuscitation and the proper use of the defibrillator to a collapsed adult, in a safe, timely and effective manner according to the Competency Standards of the industry under the Singapore Workforce Skills Qualifications (WSQ) framework and guidelines established by the National Resuscitation Council (NRC), Singapore.

At the end of the course, trainees will be able to:

- Identify the rescuer's role in the chain of survival
- Activate the appropriate emergency response system
- Perform Cardiopulmonary Resuscitation (CPR) for adult victims
- Demonstrate the use of the defibrillator
- Perform defibrillation for adult victims, and
- Perform other first aid skills

### COMPETENCY ELEMENTS

- CE 1: FOLLOW THE EMERGENCY ACTION PRINCIPLE
- CE 2: DEMONSTRATE FIRST AID FOR BREATHING EMERGENCIES
- CE 3: DEMONSTRATE CPR AND AED SKILLS
- CE 4: DEMONSTRATE FIRST AID FOR FAINTING
- CE 5: DEMONSTRATE FIRST AID FOR MEDICAL EMERGENCIES
- CE 6: DEMONSTRATE TECHNIQUES FOR CONTROLLING BLEEDING AND FIRST AID FOR WOUNDS
- CE 7: DEMONSTRATE FIRST AID FOR FRACTURES AND SOFT TISSUE INJURIES
- CE 8: DEMONSTRATE FIRST AID FOR HEAD AND SPINE INJURIES
- CE 9: DEMONSTRATE FIRST AID FOR BURNS AND SCALDS
- CE 10: DEMONSTRATE FIRST AID FOR POISONING

### CERTIFICATION

Upon successful completion, trainees will be issued Statement of Attainments (SOAs) from the Singapore Workforce Development Agency (WDA), a card-size Perform Workplace First Aid certificate from Singapore Red Cross, valid for 3 years & a card-size CPR+AED certificate from Singapore Red Cross, valid for 2 years.

### ENTRY REQUIREMENTS

- Completed Secondary Education and above. Able to communicate and read in English effectively.
- Medically fit to perform CPR (resuscitation) - have no underlying medical heart, lung conditions or any physical disabilities such as knee, spinal or joints injury history that prevents them from performing effective CPR (resuscitation).
- Pregnant ladies not allowed for safety precaution.

### FUNDING

SDF (Skills Development Fund) Training Grant is up to 80% for course fees, subject to \$7 per training hour, whichever is lower. Up to 90% for mature workers, subject to \$11 per training hour, whichever is lower (eligibility criteria apply). AP (Absentee Payroll) Approved.

### COURSE VENUE

Red Cross Training Centre (RCTC), Level 3. 15 Penang Lane, Red Cross House, Singapore 238486.

### COURSE FEE

- **S\$ 420.00** (inclusive of GST, training notes, 2 complimentary bandages & 3 face-shields)
- **Corporate class** can be arranged at a minimum charge of 10 trainees per class = \$4200.00 (+\$100.00 transport fee if training is at client's venue). Maximum class size is 12.  
Email corporate request to [training.admin@redcross.org.sg](mailto:training.admin@redcross.org.sg)

### COURSE DURATION

24 training hours (3 day x 8 hours from 9am to 6pm)

### COURSE ASSESSMENT

- 100% course attendance is required.
- Trainees must pass all assessments to be certified Competent (C).
- Learning Guide Assessment (after each Competency Element) based on written exercises and role plays.
- CPR+AED Theory Assessment (Multiple Choice Questions; 80% to pass). Trainees must pass theory to proceed to practical Final Assessment based on 2 Practical Scenarios (Bandaging and CPR+AED). Trainees, who failed the theory assessment at their **1<sup>st</sup> attempt**, are allowed a **2<sup>nd</sup> attempt** on the same day. If they fail the **2<sup>nd</sup> attempt** theory assessment, they would need to re-take the assessment (Theory & Practical) on another day. The re-assessment fee is **\$40.00**. Trainees, who failed the assessment on the **3<sup>rd</sup> attempt**, will have to re-take the entire course. Trainees who failed in any practical assessment will have to re-take the entire assessment (Theory & Practical).

## WSQ PERFORM WORKPLACE FIRST AID (WFA) COURSE DATES

### To Apply for Our Public Classes, follow the below 3 steps

**Step 1:** Click [Learn First Aid](http://www.redcross.org.sg/articles/learn-first-aid) at <http://www.redcross.org.sg/articles/learn-first-aid>

**Step 2:** On Learn First Aid webpage, click on the [course titles](#) to view course dates and synopsis.

**Step 3:** On Learn First Aid webpage, read [Terms & Regulations](#) before completing [on-line](#) or [download application](#)

An email confirmation with payment details will be sent to you at least 2 weeks before the course commencement.

For further queries, feel free to contact us at 6664 0500, Training Centre. We look forward to receiving your course application.

Print Date: 25-Apr-2012

Month	Language	Time	Days	Course Dates
February	English	9am to 6pm	Thu, Fri & Mon	9, 10 & 13 Feb 2012 - <b>Closed</b>
March	English	9am to 6pm	Thu, Fri & Mon	22, 23 & 26 Mar 2012
May	English	9am to 6pm	Mon, Tue & Mon	7, 8 & 14 May 2012 - <b>Closed</b>
August	English	9am to 6pm	Wed to Fri	1, 2 & 3 Aug 2012

**Schedule for Sep to Dec 2012 classes will be available [after 1 Jul 2012](#).**